

PLANNING AHEAD

Documentation

	Discuss with your family your needs and expectations if you were to become ill or die.
	What quality of life would you like?
	What legacy would you like to leave?
	Update your beneficiaries for both your personal assets and work-related life insurance policy.
	Does anyone know what your needs are?
	What changes would you need to make now in order to prepare for the life you want during your final years, months, and days?
	Start thinking with your family about resources you can provide outside of financial.
	Do you have international assets? Obtain originals of documentation
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☐ Health Care Agent, Health Care Proxy Form, Funeral Proxy Form, Will, and Testament

 □ Documentation of assets and how to obtain access to them, update beneficiaries and contingents, establish a trust if your children may not be old enough to manage, notate any charitable contributions for church, non-profit, or charity. LINKS TO HEALTH CARE PROXY FORM AND HEALTH INFORMATION BY STATE Connecticut □ https://portal.ct.gov/AG/Health-Issues/Connecticuts-Living-Will-Laws Florida
Connecticut https://portal.ct.gov/AG/Health-Issues/Connecticuts-Living-Will-Laws
Connecticut https://portal.ct.gov/AG/Health-Issues/Connecticuts-Living-Will-Laws
https://portal.ct.gov/AG/Health-Issues/Connecticuts-Living-Will-Laws
Florida
Florida
https://www.fhca.org/consumers/health care advanced directives
Massachusetts
http://www.massmed.org/healthcareproxy/#.YFYt3a9KjlU
New Jersey
https://www.nj.gov/health/advancedirective/documents/proxy_directive.pdf
New York
https://www.health.ny.gov/publications/1430.pdf
Rhode Island
https://health.ri.gov/lifestages/death/about/advancedirectives/